



ALLETLESS MEDICAL LABORATORY

CLIA #22D0080258

14 Howard Street, Rockland, MA 02370

PHONE: 1.800.225.5404 or 781.871.4426

FAX: 781.871.4182 | www.foodallergy.com

Alletess No.: <i>(For Alletess use only)</i>	
ICD Code:	
Date Collected:	Date Received:

FINGER STICK

092220

Patient Information

Last:	First:	M.I.:
Date of Birth:	<input type="checkbox"/> Male <input type="checkbox"/> Female	
Address:		
City/Town:		
State:	Zip/Postal Code:	Country:
Telephone #:	Email Address:	

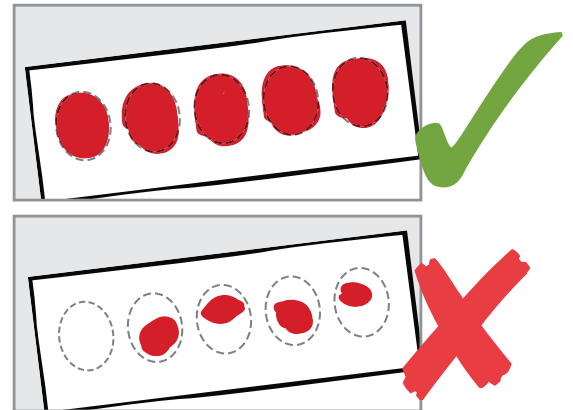
Billing Information

<input type="checkbox"/> Bill Practitioner - account information on file	
<input type="checkbox"/> Patient Pay - <i>payment must be included below</i>	
Patient Credit Card # (Visa, Mastercard, or Discover):	Exp. Date:
Name on Card:	Total Amount:

- ▶ Write name and date of collection clearly on the protein saver card.
- ▶ Collect enough blood so that circle is completely filled.
- ▶ Check backside of card to make sure that the circle is soaked through.
- ▶ Do not rub or smear.
- ▶ Do not use heat to assist drying.

Client Information

Clinic Name:		
Practitioner Name (please print):		
NPI#:		
Address:		
City/Town:		
State:	Zip/Postal Code:	Country:
Tel#:	Fax#:	
Contact Email:		



- ▶ For more detailed instructions and/or to view a finger stick collection video visit www.foodallergy.com.

Practitioner's Signature: _____ Date: _____

Please choose your selections below:

Refer to reverse side to review listing of comprehensive food panel.

Test:

- 96 IgG Food Panel Wellness Plan
- 184 IgG Food Panel
- Candida IgG, IgA, IgM

Note: Insufficient blood on the circular pad may affect test result(s).

It is important to mail specimens to lab promptly. Specimens will be rejected after 28 days.

Please visit foodallergy.com to view blood spot collection instructional video for your finger stick test.

Please visit foodallergy.com for:

Information on our available tests and panels

Specimen collection instructional video

COMPREHENSIVE 184 FOOD PANEL

Almond	Buckwheat	Cottage cheese	Herring	Mussel	Potato	Tangerine
Amaranth	Buffalo	Crab	Honey	Mustard	Potato, sweet	Tapioca
Anchovy	Cabbage	Cranberry	Honeydew	Navy bean	Pumpkin	Tarragon
Apple	Canola	Cucumber	Hops	Nutmeg	Quinoa	Teff
Apricot	Cantaloupe	Date	Horseradish	Oats	Radish	Thyme
Arrowroot	Carob	Dill	Kale	Okra	Raspberry	Tomato
Artichoke	Carrot	Duck	Kelp	Olive, green	Red snapper	Trout
Asparagus	Casein	Egg white	Kidney bean	Onion	Rhubarb	Tuna
Avocado	Cashew	Egg yolk	Kiwi	Orange	Rice	Turkey
Banana	Cauliflower	Eggplant	Lamb	Oregano	Rosemary	Turmeric
Barley	Celery	Fennel	Lemon	Oyster	Rye	Turnip
Basil	Cheddar cheese	Fig	Lentil	Papaya	Safflower	Vanilla bean
Bass	Cherry	Flaxseed	Lettuce	Paprika	Sage	Venison
Bay leaf	Chestnut	Flounder	Licorice	Parsley	Salmon	Walleye pike
Beef	Chia	Garlic	Lima bean	Parsnip	Scallop	Walnut
Beet	Chicken	Ginger	Lime	Peach	Sesame	Watermelon
Bell pepper	Chickpea	Ginseng	Lobster	Peanut	Shrimp	Wheat
Black eyed peas	Cilantro	Gluten	Macadamia	Pear	Sole	Whey
Black pepper	Cinnamon	Grape	Mackerel	Pecan	Sorghum	Yeast, baker's
Black tea	Clam	Grapefruit	Malt	Peppermint	Soybean	Yeast, brewer's
Blackberry	Cloves	Green bean	Mango	Perch	Spinach	Yogurt
Blue cheese	Cocoa	Green pea	Milk, cow's	Pine nut	Squash	Zucchini
Blueberry	Coconut	Green tea	Milk, goat's	Pineapple	Squid	
Bran	Codfish	Haddock	Milk, sheep's	Pistachio	Strawberry	
Brazil nut	Coffee	Halibut	Millet	Plum	Sunflower	
Broccoli	Cola	Hazelnut	Mozz Cheese	Poppy seed	Swiss cheese	
Brussel sprouts	Corn	Hemp	Mushroom	Pork	Swordfish	

COMPREHENSIVE 96 FOOD PANEL

Almond	Broccoli	Codfish	Grape	Milk, cow's	Potato	Sunflower seed
Apple	Cabbage	Coffee	Grapefruit	Mozz cheese	Potato, sweet	Swordfish
Asparagus	Cantaloupe	Cola	Green bean	Mushroom	Rice	Tarragon
Avocado	Carrot	Corn	Green pea	Mustard	Rye	Tomato
Banana	Cashew	Cottage cheese	Haddock	Oats	Safflower	Tuna
Barley	Cauliflower	Crab	Honey	Olive, green	Salmon	Turkey
Basil	Celery	Cucumber	Kale	Onion	Scallop	Walnut
Bay leaf	Cheddar cheese	Dill	Kelp	Orange	Sesame	Watermelon
Beef	Chia seed	Egg white	Lamb	Oregano	Shrimp	Wheat
Bell pepper	Chicken	Egg yolk	Lemon	Peach	Sole	Yeast, baker's
Black pepper	Cinnamon	Eggplant	Lettuce	Peanut	Soybean	Yeast, brewer's
Black tea	Clam	Garlic	Lima bean	Pear	Spinach	Yogurt
Blueberry	Cocoa	Ginger	Lobster	Pineapple	Squash	
Bran	Coconut	Gluten	Malt	Pork	Strawberry	