



**ALLETSS**

MEDICAL LABORATORY

*The first step... Alletess*

## Test Panel Guide

Available tests, panels and individual allergens





ALLETLESS MEDICAL LABORATORY

CLIA #22D0080258

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www.foodallergy.com

Specimen type selection: SERUM, DRIED BLOOD SPOT, DATE COLLECTED. Includes Alletess No. and LAB USE ONLY watermark.

REV 051122

PATIENT INFORMATION section: LAST NAME, FIRST NAME, M.I., DATE OF BIRTH, GENDER, STREET ADDRESS, CITY, STATE, ZIP, COUNTRY, PHONE, EMAIL.

BILLING section: BILL TO (PROVIDER ACCOUNT or PATIENT), CARD HOLDER NAME, EXP DATE, TOTAL AMOUNT TO CHARGE, PATIENT CREDIT CARD NUMBER, CARD HOLDER SIGNATURE.

PROVIDER INFORMATION section: PROVIDER NAME, CREDENTIAL, CLINIC NAME, STREET ADDRESS, CITY, STATE, ZIP, COUNTRY, PHONE, FAX, EMAIL.

PROVIDER'S SIGNATURE: REQUIRED

A representative will contact you for payment information if not provided. Missing or incomplete information may delay test results.

SERUM PANELS:

The panels below can be ordered using a serum collection kit

Table of Food Sensitivity Panels: 96 Food Sensitivity - IgG, 184 Food Sensitivity - IgG, 204 Food Sensitivity - IgG, Vegetarian Food Sensitivity - IgG, Pescatarian Food Sensitivity - IgG, 96 Food Sensitivity - IgA, 184 Food Sensitivity - IgA, Vegetarian Food Sensitivity - IgA, Pescatarian Food Sensitivity - IgA, Add a Wellness Plan to any Food Sensitivity Panel above, Asian Food Sensitivity Panels: Japanese 96 - IgG, Chinese 96 - IgG, Chinese 165 - IgG.

Table of Food Sensitivity / Allergy Bundles: 15 IgE, 25 IgE, 50 IgE. Includes 96 IgG & 184 IgG & Add a Wellness Plan to any Food Sensitivity Panel above.

Table of Allergy Panels: Pet / Animal Allergy Assessment, Vaccine Component, Comprehensive Health Exposure (Allergens related to Occupations, Build-ings, Hobbies, Self-Care, & Eating), Total IgE (only).

Table of Regional Allergy Panels: Central Plains (AR, LA, MS, OK, TX), Midwest (IA, IL, IN, KS, MI, MN, MO, NE, ND, OH, SD, WI, WV), Northeast (CT, DE, MA, MD, ME, NH, NJ, NY, PA, RI, VT), Northwest (ID, MT, OR, WA, WY), Southern (AL, DC, FL, GA, KY, NC, SC, TN, VA), Southwest (AZ, CA, CO, NM, NV, UT).

Table of Unexplained Inflammation Panels: Autoimmune & Fatigue Screen (Hashimoto's, RA, & Lupus), Celiac Evaluation Profile\*, Gluten Related Disorders\* (96 or 184 IgG Food Panel, Celiac Panel, Wheat IgE, Gluten IgE, Wellness Plan), Complimentary Gluten-Free Plan w/ positive results.

Table of Gastrointestinal Panels: Gastrointestinal Portfolio (96 or 184 IgG Food Panel, Candida Profile, H. pylori, Gluten Related Disorders & Wellness Plan), Gastrointestinal Panel (96 or 184 IgG Food Panel, Candida Profile, H. pylori & Wellness Plan), H. pylori (IgG), Candida Profile (Candida albicans IgA / IgG / IgM & Immune Complex)\*, Candida albicans (IgA / IgG / IgM), Complimentary Candida Elimination Plan w/ positive results.

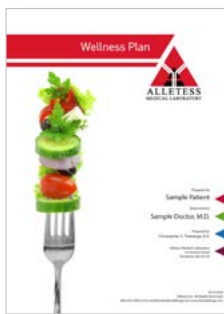
Table of Mold Panels: Super Mold Immunoreactivity (15 IgE / 16 IgG / 16 IgA)\*, Mold Immunoreactivity (6 IgE / 7 IgG / 7 IgA)\*, Complimentary Mold Elimination Plan w/ positive results.

FINGER STICK PANELS:

Can be ordered using a finger stick / dried blood spot collection kit

Table of Finger Stick Panels: 96 Food Sensitivity - IgG, 184 Food Sensitivity - IgG, 204 Food Sensitivity - IgG, Vegetarian Food Sensitivity - IgG, Pescatarian Food Sensitivity - IgG, Add a Wellness Plan to any Food Sensitivity Panel above, Candida albicans (IgA / IgG / IgM), Asian Food Sensitivity Panels: Japanese 96 - IgG, Chinese 96 - IgG, Chinese 165 - IgG.

Table for Write in a La Carte Allergens &/or Add On's. Includes instruction: Use the reverse of form for additional space.



Wellness Plan

Need some guidance? Add on a Wellness Plan to help navigate your elimination diet.

This 15+ page booklet is customized for you based on your food sensitivity results. It will prove to be an excellent tool to refer to while eliminating and re-introducing positive foods. The Wellness Plan includes resources, such as, a shopping list, suggested 4-day rotation diet, FAQ's, wallet card listing positive foods, and additional food information resources. Wellness Plans can even be tailored to meet your dietary needs and can be made vegetarian, pescatarian, vegan, paleo, gluten free, casein free, kosher, or free of red meat.

# FOOD SENSITIVITY PANELS

## 96 FOOD SENSITIVITY PANEL- IgG or IgA

Almond	Black pepper	Celery	Coffee	Garlic	Kelp/seaweed	Mustard	Pork	Sole	Turkey
Apple	Black tea	Cheddar	Cola	Ginger	Lamb	Oats	Potato	Soybean	Walnut
Asparagus	Blueberry	cheese	Corn	Gluten	Lemon	Olive, green	Potato, sweet	Spinach	Watermelon
Avocado	Bran	Chia seed	Pinto Bean	Grape	Lettuce	Onion	Rice	Squash	Wheat
Banana	Broccoli	Chicken	Crab	Grapefruit	Lima bean	Orange	Rye	Strawberry	Yeast, baker's
Barley	Cabbage	Cinnamon	Cucumber	Green bean	Lobster	Oregano	Safflower	Sunflower seed	Yeast, brewer's
Basil	Cantaloupe	Clam	Dill	Green pea	Malt	Peach	Salmon	Swordfish	Yogurt
Black Bean	Carrot	Cocoa	Egg white	Haddock	Milk, cow's	Peanut	Scallop	Tarragon	
Beef	Cashew	Coconut	Egg yolk	Honey	Mozz. cheese	Pear	Sesame	Tomato	
Bell pepper	Cauliflower	Codfish	Eggplant	Kale	Mushroom	Pineapple	Shrimp	Tuna	

## 184 FOOD SENSITIVITY PANEL- IgG or IgA

Almond	Black pepper	Celery	Cranberry	Green pea	Licorice	Okra	Pistachio	Sesame	Tuna
Amaranth	Black tea	Cheddar	Cucumber	Green tea	Lima bean	Olive, green	Plum	Shrimp	Turkey
Anchovy	Blackberry	cheese	Date	Haddock	Lime	Onion	Poppy seed	Sole	Turmeric
Apple	Blue cheese	Cherry	Dill	Halibut	Lobster	Orange	Pork	Sorghum	Turnip
Apricot	Blueberry	Chestnut	Duck	Hazelnut	Macadamia nut	Oregano	Potato	Soybean	Vanilla bean
Arrowroot	Bran	Chia seed	Egg white	Hemp	Mackerel	Oyster	Potato, sweet	Spinach	Venison
Artichoke	Brazil nut	Chicken	Egg yolk	Herring	Malt	Papaya	Pumpkin	Squash	Walleye pike
Asparagus	Broccoli	Chickpea	Eggplant	Honey	Mango	Paprika	Quinoa	Squid	Walnut
Avocado	Brussel sprouts	Cilantro	Fennel seed	Honeydew	Milk, cow's	Parsley	Radish	Strawberry	Watermelon
Banana	Buckwheat	Cinnamon	Fig	Hops	Milk, goat's	Parsnip	Raspberry		Wheat
Barley	Buffalo	Clam	Flaxseed	Horseradish	Milk, sheep's	Peach	Red snapper	Swiss cheese	Whey
Basil	Cabbage	Cloves	Flounder	Kale	Millet	Peanut	Rhubarb	Swordfish	Yeast, baker's
Bass	Canola	Cocoa	Garlic	Kelp/seaweed	Mozz. cheese	Pear	Rice	Tangerine	Yeast, brewer's
Beef	Cantaloupe	Coconut	Ginger	Kidney bean	Mushroom	Pecan	Rosemary	Tapioca	Yogurt
Beet	Carob	Codfish	Ginseng	Kiwi	Mussel	Peppermint	Rye	Tarragon	Zucchini
Bell pepper	Carrot	Coffee	Gluten	Lamb	Mustard	Perch	Safflower	Teff	
Black Bean	Casein	Cola	Grape	Lemon	Navy bean	Pine nut	Sage	Thyme	
Black eyed peas	Cashew	Corn	Grapefruit	Lentil	Nutmeg	Pineapple	Salmon	Tomato	
	Cauliflower	Crab	Green bean	Lettuce	Oats	Pinto Bean	Scallop	Trout	

## EXPANDED 204 FOOD SENSITIVITY PANEL- IgG

Abalone	Black bean	Cashew	Cranberry	Goose	Leeks	Navy bean	Pine nut	Scallop	Tuna
Adzuki bean	Black pepper	Cauliflower	Cucumber	Grape	Lemon	Nutmeg	Pineapple	Sesame	Turkey
Almond	Black tea	Celery	Cuttlefish	Grapefruit	Lentil	Oats	Pinto bean	Shrimp	Turmeric
Amaranth	Blackberry	Cheddar	Daikon	Green bean	Lettuce	Okra	Pistachio	Sole	Turnip
Anchovy	Black-eyed	cheese	Date	Green pea	Licorice	Olive, green	Plum	Sorghum	Vanilla bean
Apple	peas	Cherry	Dill	Green tea	Lima Bean	Onion	Poppy seed	Soybean	Vegetable
Apricot	Blue cheese	Chestnut	Dragon fruit	Guava	Lime	Oolong tea	Pork	Spinach	sponge
Arrowroot	Blueberry	Chia seed	Duck	Haddock	Lobster	Orange	Potato	Squash	Venison
Artichoke	Bonito	Chicken	Duck egg	Halibut	Macadamia nut	Oregano	Potato, sweet	Squid	Walleye pike
Asparagus	Bran	Chickpea	Eel	Hazelnut	Mackerel	Oyster	Pumpkin	Strawberry	Walnut
Avocado	Brazil nut	Cinnamon	Egg white	Hemp	Malt	Papaya	Quinoa	Sunflower seed	Watermelon
Bamboo shoots	Broccoli	Clam	Egg yolk	Herring	Mango	Paprika	Radish	Swiss cheese	Wheat
Banana	Brussel sprouts	Cloves	Eggplant	Honey	Milk, cow's	Parsley	Raspberries	Swordfish	Whey
Barley	Buckwheat	Cocoa	Fennel seed	Honeydew	Milk, goat's	Parsnip	Red snapper	Tangerine	Woo-hsiang
Basil	Buffalo	Coconut	Fig	Hops	Milk, sheep's	Peach	Rhubarb	Tapioca	powder
Bass	Cabbage	Codfish	Flaxseed	Horseradish	Millet	Peanut	Rice	Taro	Yeast, baker's
Bean sprouts	Canola	Coffee	Flounder	Kale	Mozz. cheese	Pear	Rosemary	Tarragon	Yeast, brewer's
Beef	Cantaloupe	Cola	Garlic	Kelp/seaweed	Mung bean	Pecan	Rye	Teff	Yogurt
Beet	Carob	Coriander	Ginger	Kidney bean	Mushroom	Pepper, chili	Safflower	Thyme	Zucchini
Bell pepper	Carrot	Corn	Ginseng	Kiwi	Mussel	Peppermint	Sage	Tomato	
Bitter gourd	Casein	Crab	Gluten	Lamb	Mustard	Perch	Salmon	Trout	

## WELLNESS PLAN



**Need some guidance? Add on a Wellness Plan to help navigate your elimination diet.**

This is available for an additoin charge with the 96, 184, 204, Vegetarian, Pescatarian IgG and IgA food panels.

This 15+ page booklet is customized for **you** based on **your** food sensitivity results. It will prove to be an excellent tool to refer to while eliminating and re-introducing positive foods. The Wellness Plan includes resources, such as, a shopping list, suggested 4-day rotation diet, FAQ's, wallet card listing positive foods, and additional food information resources.

Wellness Plans can even be tailored to meet your dietary needs and can be made vegetarian, pescatarian, vegan, paleo, gluten free, casein free, kosher, or free of red meat.

## VEGETARIAN FOOD SENSITIVITY PANEL- IgG or IgA

Almond	Black-eyed Peas	Cheddar cheese	Egg white	Honey	Milk, cow's	Parsley	Radish	Tapioca
Amaranth	Blue cheese	Cherry	Egg yolk	Honeydew	Milk, goat's	Parsnip	Raspberry	Tarragon
Apple	Blueberry	Chestnut	Eggplant	Hops	Milk, sheep's	Peach	Rhubarb	Teff
Apricot	Bran	Chia seed	Fennel seed	Horseradish	Millet	Peanut	Rice	Thyme
Arrowroot	Brazil nut	Chickpea	Fig	Kale	Mozz. cheese	Pear	Rosemary	Tomato
Artichoke	Broccoli	Cilantro	Flaxseed	Kelp/seaweed	Mushroom	Pecan	Rye	Turmeric
Asparagus	Brussel sprouts	Cinnamon	Garlic	Kidney bean	Mustard	Peppermint	Safflower	Turnip
Avocado	Buckwheat	Cloves	Ginger	Kiwi	Navy bean	Pine nut	Sage	Vanilla bean
Banana	Cabbage	Cocoa	Ginseng	Lemon	Nutmeg	Pineapple	Sesame	Walnut
Barley	Canola	Coconut	Gluten	Lentil	Oats	Pinto bean	Sorghum	Watermelon
Basil	Cantaloupe	Coffee	Grape	Lettuce	Okra	Pistachio	Soybean	Wheat
Beets	Carob	Cola	Grapefruit	Licorice	Olive, green	Plum	Spinach	Whey
Bell pepper	Carrot	Corn	Green bean	Lima bean	Onion	Poppy seed	Squash	Yeast, baker's
Black bean	Casein	Cranberry	Green pea	Lime	Orange	Potato	Strawberry	Yeast, brewer's
Black pepper	Cashew	Cucumber	Green tea	Macadamia nut	Oregano	Potato, sweet	Sunflower seed	Yogurt
Black tea	Cauliflower	Date	Hazelnut	Malt	Papaya	Pumpkin	Swiss cheese	Zucchini
Blackberry	Celery	Dill	Hemp	Mango	Paprika	Quinoa	Tangerine	

## PESCATARIAN FOOD SENSITIVITY PANEL - IgG or IgA

The Pescatarian panel contains all the foods listed on the Vegetarian Panel above, plus fish and shellfish listed on the left.

Anchovy	Crab	Herring	Oyster	Scallop	Swordfish
Bass	Flounder	Lobster	Perch	Shrimp	Trout
Clam	Haddock	Mackerel	Red snapper	Sole	Tuna
Codfish	Halibut	Mussel	Salmon	Squid	Walleye pike

## JAPANESE 96 FOOD SENSITIVITY PANEL- IgG

Abalone	Bonito	Chestnut	Cuttlefish	Gluten	Leeks	Peach	Sesame	Vanilla bean
Adzuki bean	Buckwheat	Chicken	Daikon	Grape	Lemon	Peanut	Shichimi pepper	Walnut
Almond	Burdock root	Cinnamon	Duck	Green pea	Lobster	Pineapple	Shrimp	Watermelon
Apple	Cabbage	Clam	Eel	Green tea	Mackerel	Pork	Soybean	Wheat
Bamboo shoots	Cantaloupe	Cocoa	Egg white	Guava	Milk, cow's	Potato	Spinach	Whey
Banana	Carrot	Coconut	Egg yolk	Honey	Mushroom	Potato, sweet	Squid	Yeast, baker's
Bean sprouts	Casein	Coffee	Eggplant	Honeydew	Mustard	Pumpkin	Strawberry	Yeast, brewer's
Beef	Cashew	Coriander	Garlic	Kelp/seaweed	Onion	Rice	Swiss cheese	Yogurt
Black bean	Cauliflower	Corn	Ginger	Kidney bean	Orange	Rye	Taro	
Black pepper	Celery	Crab	Gingko biloba	Kiwi	Oyster	Salmon	Tomato	
Black tea	Cherry	Cucumber	Ginseng	Lamb	Papaya	Scallops	Tuna	

## CHINESE 96 FOOD SENSITIVITY PANEL- IgG

Abalone	Buckwheat	Clam	Duck	Green pea	Lemon	Papaya	Sesame	Walnut
Adzuki bean	Cabbage	Cocoa	Duck egg	Green pepper	Lobster	Peach	Shrimp	Watermelon
Almond	Cantaloupe	Coconut	Eel	Green tea	Mackerel	Peanut	Soybean	Wheat
Apple	Casein	Coffee	Egg white	Guava	Milk, cow's	Pineapple	Spinach	Whey
Bamboo shoots	Cauliflower	Coriander	Egg yolk	Honey	Mung bean	Pork	Squid	Woo-hsiang powder
Banana	Celery	Corn	Eggplant	Honeydew	Mushroom	Potato	Strawberry	
Bean sprouts	Cheddar cheese	Crab	Garlic	Kelp/seaweed	Mustard	Potato, sweet	Taro	Yeast, baker's
Beef	Cherry	Cucumber	Ginger	Kidney bean	Onion	Pumpkin	Tomato	Yeast, brewers
Bitter gourd	Chestnut	Cuttlefish	Gluten	Kiwi	Oolong tea	Rice	Tuna	Yogurt
Black pepper	Chicken	Daikon	Goose	Lamb	Orange	Rye	Vanilla bean	
Bonito	Chili Pepper	Dragon fruit	Grape	Leeks	Oyster	Salmon	Vegetable sponge	

## CHINESE 165 FOOD SENSITIVITY PANEL- IgG

Abalone	Black-eyed peas	Chili pepper	Egg yolk	Honey	Milk, sheep's	Peppermint	Sage	Turnip
Adzuki Bean	Blue cheese	Clam	Eggplant	Honeydew	Millet	Perch	Salmon	Vanilla bean
Almond	Bonito	Cloves	Fennel seed	Hops	Mung bean	Pine nut	Sesame	Vegetable sponge
Amaranth	Brazil nut	Cocoa	Fig	Horseradish	Mushroom	Pineapple	Shrimp	Venison
Anchovy	Brussel sprouts	Coconut	Flaxseed	Kelp/seaweed	Mussel	Pistachio	Sorghum	Walnut
Apple	Buckwheat	Coffee	Flounder	Kidney bean	Mustard	Plum	Soybean	Watermelon
Apricot	Buffalo	Coriander	Garlic	Kiwi	Navy bean	Poppy seed	Spinach	Wheat
Arrowroot	Cabbage	Corn	Ginger	Lamb	Nutmeg	Pork	Squid	Whey
Artichoke	Canola	Crab	Ginseng	Leeks	Okra	Potato	Strawberry	Woo-hsiang powder
Bamboo shoots	Cantaloupe	Cranberry	Gluten	Lemon	Onion	Potato, sweet	Swiss cheese	
Banana	Carob	Cucumber	Goose	Lentil	Oolong tea	Pumpkin	Tangerine	Yeast, baker's
Bass	Casein	Cuttlefish	Grape	Licorice	Orange	Quinoa	Tapioca	Yeast, brewer's
Bean sprouts	Cauliflower	Daikon	Green pea	Lime	Oyster	Radish	Taro	Yogurt
Beef	Celery	Date	Green tea	Lobster	Papaya	Raspberry	Teff	Zucchini
Beets	Cheddar cheese	Dragon fruit	Guava	Macadamia nut	Paprika	Red snapper	Thyme	
Bell pepper	Cherry	Duck	Halibut	Mackerel	Parsley	Rhubarb	Tomato	
Bitter gourd	Chestnut	Duck egg	Hazelnut	Mango	Peach	Rice	Trout	
Black pepper	Chicken	Eel	Hemp	Milk, cow's	Peanut	Rosemary	Tuna	
Blackberry	Chickpea	Egg white	Herring	Milk, goat's	Pecan	Rye	Turmeric	



# FOOD ALLERGY PANELS

## 15 COMMON FOODS (IgE)

Almond  
Apple  
Beef  
Cashew  
Corn  
Egg  
Milk, cow's  
Orange  
Peanut  
Salmon  
Sesame  
Shrimp  
Soybean  
Strawberry  
Wheat

## 25 COMPREHENSIVE FOODS (IgE)

Almond  
Apple  
Banana  
Beef  
Blue mussel  
Cashew  
Celery  
Chicken  
Coconut  
Corn  
Crab  
Egg, whole  
Milk, cow's  
Oyster  
Orange  
Peach  
Peanut  
Salmon  
Sesame seed  
Shrimp  
Soybean  
Strawberry  
Tomato  
Tuna  
Wheat

## 50 EXPANDED FOODS (IgE)

Almond  
Apple  
Asparagus  
Avocado  
Barley  
Banana  
Beef  
Bell pepper  
Blue mussel  
Brazil nut  
Cacao  
Codfish  
Carrot  
Cashew  
Celery  
Cherry  
Chicken  
Chickpea  
Clam  
Coconut  
Corn  
Crab  
Egg  
Garlic  
Grapefruit  
Hazelnut  
Kidney bean  
Lemon  
Lobster  
Mango  
Melon  
Milk, cow's  
Oyster  
Orange  
Peach  
Peanut  
Pecan  
Pineapple  
Pistachio  
Potato  
Salmon  
Sesame  
Shrimp  
Soybean  
Strawberry  
Sunflower seed  
Tomato  
Tuna  
Walnut  
Wheat

## CEREAL & GRAIN (IgE)

Barley  
Common millet  
Buckwheat  
Corn  
Malt  
Oat  
Quinoa  
Rice  
Rye  
Wheat

## DAIRY & EGG (IgE)

Boiled milk  
Casein  
Cheese, cheddar  
Cheese, mold  
Egg white  
Egg yolk  
Milk, cow's  
Milk, goat's  
Sheep's milk  
Whey, cow's

## SHELLFISH (IgE)

Abalone  
Blue mussel  
Clam  
Crab  
Lobster  
Oyster  
Scallop  
Shrimp  
Snail  
Squid

## FISH (IgE)

Anchovy  
Cod  
Halibut  
Salmon  
Swordfish  
Tilapia  
Trout  
Tuna  
Whitefish  
Mackerel

## LEGUME (IgE)

Chick pea  
Fenugreek  
Green bean  
Lentil  
Lima bean  
Pea  
Peanut  
Red kidney bean  
Soybean  
White (navy) bean

## SPICE (IgE)

Basil  
Black pepper  
Celery  
Cinnamon  
Coriander  
Thyme  
Fennel seed  
Garlic  
Mustard  
Parsley

## TREE NUT (IgE)

Almond  
Brazil nut  
Cashew nut  
Coconut  
Hazelnut  
Macadamia nut  
Pecan nut  
Pine nut  
Pistachio  
Walnut

## TICK-BITE INDUCED MEAT ALLERGY

nGal-alpha-1,3-Gal (alpha-Gal)  
Beef IgE  
Pork IgE  
Lamb IgE  
Gelatin IgE  
Total IgE

## GASTROINTESTINAL PANELS

### GASTROINTESTINAL PORTFOLIO

96 or 184 IgG Food Sensitivity Panel  
Candida Profile  
H. pylori  
Gluten Related Disorders  
Wellness Plan

### GASTROINTESTINAL PANEL

96 or 184 IgG Food Sensitivity Panel  
Candida Profile  
H. pylori  
Wellness Plan

### CANDIDA PROFILE

Candida albicans IgA /IgG / IgM  
Immune Complex

### CANDIDA ALBICANS

Candida albicans IgA /IgG / IgM

### H. PYLORI (IgG)

## UNEXPLAINED INFLAMMATION PANELS

### AUTOIMMUNE & FATIGUE SCREEN

HASHIMOTO'S: Anti-Thyroid Peroxidase (Anti-TPO) IgG, Anti-Thyroglobulin (Anti-Tg) IgG  
RHEUMATOID ARTHRITIS: Anti-Cyclic citrullinated peptide (Anti-CCP) IgG, Rheumatoid factor (RF) IgM, Rheumatoid factor (RF) IgA  
OTHER AUTOIMMUNE RELATED TESTS: Double stranded deoxyribonucleic acid (dsDNA) IgG, ANA = Antinuclear Antibody

### CELIAC EVALUATION PROFILE

Tissue Transglutaminase (tTG) IgA  
Tissue Transglutaminase (tTG) IgG  
Deamidated Gliadin Peptide (DGP) IgA  
Deamidated Gliadin Peptide (DGP) IgG

### GLUTEN RELATED DISORDERS

96 or 184 IgG Food Panel  
Celiac Panel  
Wheat IgE  
Gluten IgE  
Wellness Plan

## ALLERGY PANELS

### PET / ANIMAL ALLERGY ASSESSMENT

Cat  
Chicken feathers  
Cow dander  
Dog  
Duck feathers  
Ferret epithelium  
Gerbil epithelium  
Goat epithelium  
Goose feathers  
Guinea pig  
Hamster  
Horse dander  
Mouse epithelium, serum proteins, urine  
Rabbit epithelium

### VACCINE COMPONENT

Casein  
Cow's milk  
Egg white  
Egg yolk  
Gelatin bovine  
Latex  
Ovalbumin  
Ovomucoid  
Saccharomyces cerevisiae (Brewer's Yeast)

### COMPREHENSIVE HEALTH EXPOSURE

*Diverse Allergens Related to Occupations, Buildings, Hobbies, Self-Care, & Eating*

Anisakis  
Carob bean  
Cochineal extract (Carmine red)  
Cotton  
Cottonseed  
Ethylene oxide  
Formaldehyde  
Guar gum  
Gum arabic  
Isocyanate TDI  
Ispaghula (psyllium)  
Latex  
Mealworm  
Phthalic anhydride  
Sunflower seed  
Tragacanth gum

# REGIONAL INHALANT PANELS

## CENTRAL PLAINS AR, LA, MS, OK, TX

**12 IgE Panel**  
White ash tree  
Elm tree  
Maple tree  
Bermuda grass  
Johnson grass  
Kentucky blue grass  
Yellow dock  
Common pigweed  
Giant ragweed  
D. farinae  
House dust  
Cockroach

**25 IgE Panel**  
White ash tree  
Elm tree  
Maple tree  
Bermuda grass  
Johnson grass  
Kentucky blue grass  
Yellow dock  
Common pigweed  
Giant ragweed  
D. farinae  
House dust  
Cockroach  
Bald cypress tree  
Mountain cedar tree  
Pecan/hickory Tree  
Bahia grass  
Cocklebur  
Alternaria alternata  
Aspergillus fumigatus  
Cladosporium herbarum  
Penicillium chrysogenum  
Stemphylium herbarum  
Cat dander  
Dog dander  
Total IgE

## NORTHEAST CT, DE, MA, MD, ME, NH, NJ, NY, PA, RI, VT

**12 IgE Panel**  
Birch tree  
Maple tree  
Oak tree  
Cocksfoot  
Timothy grass  
Kentucky blue grass  
Common pigweed  
Common ragweed  
Sheep sorrel  
D. farinae  
House dust  
Cockroach

**25 IgE Panel**  
Birch tree  
Maple tree  
Oak tree  
Cocksfoot  
Timothy grass  
Kentucky blue grass  
Common pigweed  
Common ragweed  
Sheep sorrel  
D. farinae  
House dust  
Cockroach  
Elm tree  
Red cedar tree  
Bermuda grass  
English plantain  
Lamb's quarters  
Alternaria alternata  
Aspergillus fumigatus  
Cladosporium herbarum  
Penicillium chrysogenum  
Stemphylium herbarum  
Cat dander  
Dog dander  
Total IgE

## NORTHWEST ID, MT, OR, WA, WY

**12 IgE Panel**  
Birch tree  
Cottonwood tree  
Maple tree  
Canary grass  
Kentucky blue grass  
Timothy grass  
English plantain  
Goldenrod  
False ragweed  
D. farinae  
House dust  
Cockroach

**25 IgE Panel**  
Birch tree  
Cottonwood tree  
Maple tree  
Canary grass  
Kentucky blue grass  
Timothy grass  
English plantain  
Goldenrod  
False ragweed  
D. farinae  
House dust  
Cockroach  
Mountain cedar tree  
Mulberry tree  
Brome grass  
Nettle  
Wormwood/sagebrush  
Alternaria alternata  
Aspergillus fumigatus  
Cladosporium herbarum  
Penicillium chrysogenum  
Stemphylium herbarum  
Cat dander  
Dog dander  
Total IgE

## MIDWEST IA, IL, IN, KS, MI, MN, MO, NE, ND, OH, SD, WI, WV

**12 IgE Panel**  
White ash tree  
Birch tree  
Maple tree  
Oak tree  
Meadow fescue  
Rye grass  
Timothy grass  
Common ragweed  
English plantain  
D. farinae  
House dust  
Cockroach

**25 IgE Panel**  
White ash tree  
Birch tree  
Maple tree  
Oak tree  
Meadow fescue  
Rye grass  
Timothy grass  
Common ragweed  
English plantain  
D. farinae  
House dust  
Cockroach  
Cottonwood tree  
Elm tree  
Kentucky blue grass  
Yellow dock  
Lamb's quarters  
Alternaria alternata  
Aspergillus fumigatus  
Cladosporium herbarum  
Penicillium chrysogenum  
Stemphylium herbarum  
Cat dander  
Dog dander  
Total IgE

## SOUTHERN AL, DC, FL, GA, KY, NC, SC, TN, VA

**12 IgE Panel**  
White ash tree  
Grey alder tree  
Red cedar tree  
Bermuda grass  
Rye grass  
Johnson grass  
Common ragweed  
English plantain  
Yellow dock  
D. farinae  
House dust  
Cockroach

**25 IgE Panel**  
White ash tree  
Grey alder tree  
Red cedar tree  
Bermuda grass  
Rye grass  
Johnson grass  
Common ragweed  
English plantain  
Yellow dock  
D. farinae  
House dust  
Cockroach  
American beech tree  
Red mulberry tree  
Kentucky blue grass  
Cocklebur  
Lamb's quarters  
Alternaria alternata  
Aspergillus fumigatus  
Cladosporium herbarum  
Penicillium chrysogenum  
Stemphylium herbarum  
Cat dander  
Dog dander  
Total IgE

## SOUTHWEST AZ, CA, CO, NM, NV, UT

**12 IgE Panel**  
Grey alder tree  
Mountain cedar tree  
Maple tree  
Meadow fescue  
Kentucky blue grass  
Timothy grass  
Western ragweed  
Yellow dock  
Common pigweed  
D. farinae  
House dust  
Cockroach

**25 IgE Panel**  
Grey alder tree  
Mountain cedar tree  
Maple tree  
Meadow fescue  
Kentucky blue grass  
Timothy grass  
Western ragweed  
Yellow dock  
Common pigweed  
D. farinae  
House dust  
Cockroach  
Walnut tree  
Bermuda grass  
Redtop grass  
Rye grass  
Russian thistle  
Alternaria alternata  
Aspergillus fumigatus  
Cladosporium herbarum  
Penicillium chrysogenum  
Stemphylium herbarum  
Cat dander  
Dog dander  
Total IgE

## MOLD IMMUNOREACTIVITY PANELS

### SUPER MOLD IMMUNOREACTIVITY PANEL (15 IgE / 16 IgG / 16 IgA)

Alternaria alternata	Epicoccum purpurascens	Setomelanomma rostrata
Aspergillus fumigatus	Fusarium proliferatum	Stachybotrys atra
Aureobasidium pullulans	Mucor racemosus	(IgG / IgA only)
Candida albicans	Penicillium chrysogenum	Stemphylium herbarum
Chaetomium globosum	Phoma betae	
Cladosporium herbarum	Rhizopus nigricans	

### MOLD IMMUNOREACTIVITY PANEL (6 IgE / 7 IgG / 7 IgA)

Alternaria alternata	Mucor racemosus
Aspergillus fumigatus	Penicillium chrysogenum
Cladosporium herbarum	Stachybotrys atra (IgG / IgA only)
Fusarium proliferatum	

# INDIVIDUAL ALLERGENS

## FOODS (IgE or IgG)

Abalone	Cabbage	Crab	Halibut	Mango	Passion fruit	Rabbit	Squid
Almond	Cacao	Cranberry	Hazel nut	Mare's milk	Pea	Rape seed	Strawberry
Anchovy	Carambola	Crayfish	Herring	Megrim	Peach	Rasperry	Sugar-beet
Apple	Carrot	Cucumber	Hop fruit cone	Melon	Peanut	Red currant	Sweet chestnut
Apricot	Casein	Date	Jack mackerel, Scad	Milk, Cow's (IgE only)	Pear	kidney bean	Sweet potato
Asparagus	Cashew nut	Egg	Kiwi	Millet, Common	Pecan nut	Red snapper	Swordfish
Aubergine, eggplant	Cat fish	Egg white	Langust spiny lobster	Millet, Foxtail	Persimon (kaki fruit, sharon)	Rice	Tea
Avocado	Cauliflower	Egg yolk	Lemon	Millet, Japanese	Pine nut, pignoles	Rye	Tilapia
Bamboo shoot	Celery	Fenugreek	Lentil	Mushroom (champi-gnon)	Pineapple	Salmon	Tomato
Banana	Cheese, cheddar	Fig	Lettuce	Mutton	Pistachio	Sardine Pilchard	Trout
Barley	Cheese, mold	Garlic	Lima bean	Navy bean	Plaice	Sardine, Japanese pilchard	Tuna
Beef	Cherry	Gluten	Lime	Octopus	Plum	Scallop	Turkey meat
Beetroot	Chick pea	Goat milk	Linseed	Lobster	Pollock	Sesame seed	Walleye pike
Blackberry	Chicken	Grape	Lupin seed	Olive black, fresh	Poppy seed	Sheep milk	Walnut
Blue mussel	Chub mackerel	Grapefruit	Macadamia nut	Onion	Pork	Shrimp	Watermelon
Blueberry	Clam	Green bean	Mackerel	Orange	Potato	Snail	Wheat
Brazil nut	Coconut	Guava	Malt	Oyster	Pumpkin	Sole	Whey
Broccoli	Codfish	Gulf flounder	Mandarin (tangerine, clementine, satsuma)	Pacific squid	Pumpkin seed	Soybean	Whitefish
Brussel sprouts	Coffee	Haddock		Papaya	Quinoa	Spinach	Yeast
Buckwheat	Corn	Hake					

## FOOD - HERBS AND SPICES (IgE or IgG)

Anise	Caraway	Clove	Fennel seed	Lovage	Mustard	pepper	Tarragon
Basil	Cardamon	Coriander	Ginger	Mace	Nutmeg	Parsley	Thyme
Bay leaf	Chilipepper	Curry (Santa Maria)	Green pepper (unripe seed)	Marjoram	Oregano	Saffron	Vanilla
Black pepper	Cinnamon	Dill		Mint	Paprika, Sweet	Sage	

## MISCELLANEOUS FOOD - ADDITIVES (IgE or IgG)

Carob	Cochineal extract (Carmine red)	Guar, guar gum	Gum arabic	Tragacanth
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## EPIDERMAL / ANIMAL PROTEINS (IgE)

Budgerigar droppings	Chicken feathers	Ferret epithelium	Guinea pig epithelium	(D. pteronyssinus)	Mouse epithelium	Rabbit epithelium	Rat serum
Budgerigar feathers	Chicken, serum	Finch feathers	Hamster epithelium	Dust mite (D. farina)	Mouse epithelium, serum & urine	Rabbit, serum	Rat urine
Canary bird feathers	Cow dander	Gerbil epithelium	Horse dander	House Dust (Greer Labs)	Mouse serum	Rabbit, urine	Sheep epithelium
Cat dander	Dog dander	Goat epithelium	Horse, serum	House Dust (Hollister-Stier Labs)	Mouse urine	Rat epithelium	Swine epithelium
Chicken droppings	Duck feathers	Goose feathers	Dust mite		Pigeon feathers	Rat epithelium, serum & urine	Turkey feathers

## OCCUPATIONAL (IgE or IgG)

Castor bean	sypium	Ethylene oxide	Formaldehyde/Formalin	Isocyanate HDI	Isocyanate TDI	Phthalic anhydride	Sunflower seed
Cotton seed, Gos-	Enhanced Latex	Ficus spp.		Isocyanate MDI	Ispaghula (psyllium)	Silk	Tobacco leaf

## GRASSES

Bahia grass	Brome grass	Common reed	Cultivated wheat	Maize, Corn	Meadow grass, Kentucky blue	Rye-grass	Timothy grass
Barley	Canary grass	Cultivated oat	False oat-grass	Meadow fescue	Redtop, Bentgrass	Salt grass	Velvet grass
Bermuda grass	Cocksfoot	Cultivated rye	Johnson grass	Meadow foxtail		Sweet vernal grass	Wild rye grass

## TREES

Acacia	Cedar elm	Elder	Italian/Mediterranean/Funeral cypress	Melaleuca, Cajeput-tree	Pecan, Hickory	Russian olive	White hickory (Mockernut)
American beech	Chestnut	Elm	Japanese cedar	Mesquite	Peppertree	Scotch broom	White pine
Australian pine	Common silver birch	Eucalyptus, Gum-tree	Linden	Mountain juniper	Pine	Spruce	Willow
Bald cypress	Cottonwood	Grey alder	Maple leaf sycamore, London plane	Mulberry	Privet	Sweet gum	
Bayberry	Cypress	Hackberry		Oak	Queen palm	Virginia live oak	
Box-elder	Date	Hazel nut		Olive	Red cedar	Walnut	
Cedar	Douglas fir	Hornbeam			Red mulberry	White ash	

## WEEDS

Alfalfa	Common ragweed	Firebush (kochia)	Lupin	Plantain (English), Ribwort	Russian thistle	Wall pellitory (judica)	Wormwood
Careless weed	Dandelion	Giant ragweed	Marguerite, ox-eye daisy	Rapeseed	Scale, Lenscale	Wall pellitory (officinalis)	Yellow dock
Cocklebur	Dog fennel	Goldenrod	Mugwort	Rough marshelder	Sheep sorrel	Western ragweed	
Common pigweed	False ragweed	Goosefoot, lamb's quarters	Nettle	Saltwort (prickly),	Sunflower		

## MOLDS (IgE or IgG)

Acremonium kiliense	Aureobasidium pullulans	Curvularia lunata	Mucor racemosus	Pityrosporum orbiculare	Stachybotrys atra (IgG only)	Trichophyton rubrum
Alternaria alternata	Botrytis cinerea	Epicoccum purpurascens	Penicillium chrysogenum	Rhizopus nigricans	Stemphylium herbarum	
Aspergillus fumigatus	Candida albicans	Fusarium proliferatum	Phoma betae	Setomelanomma rostrate	Trichoderma viride	
Aspergillus niger	Cladosporium herbarum					

## INSECTS (IgE)

Berlin beetle	Cockroach, german	Green nimitti	Moth
Blood worm	Cockroach, oriental	Horse fly	
Cockroach, american	Fire ant	Mosquito	

## VENOMS (IgE)

Bumblebee	low jacket)	Honey bee	White-faced hornet
Common wasp (Yellow jacket)	European hornet	Paper wasp	Yellow hornet



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