ALLETESS
MEDICAL LABORATORY

Test Panel Guide

Available tests, panels and individual allergens

14 Howard Street, Rockland, MA 02370 | PHONE: 800.225.5404 or 781.871.4426 FAX: 781.871.4182 | www.foodallergy.com

ALLETESS
MEDICAL LABORATORY

CLIA #22D0080258 | 14 Howard Street, Rockland, MA 02370
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SPECIMEN

☐ SERUM
☐ DRIED BLOOD SPOT
DATE COLLECTED ___ /___ /___

Alletess No.:
LAB USE ONLY

REV 112822

PATIENT INFORMATION

LAST NAME	FIRST NAME	M.I.	DATE OF BIRTH ___ /___ /___	GENDER	
STREET ADDRESS	CITY		STATE	ZIP	COUNTRY
PHONE		EMAIL			

BILLING

BILL TO ☐ PROVIDER ACCOUNT (INFORMATION ON FILE) ☐ PATIENT (INCLUDE CC INFORMATION BELOW OR ATTACH CHECK)

CARD HOLDER NAME	EXP DATE (MM/YY)	TOTAL AMOUNT TO CHARGE (USD)
PATIENT CREDIT CARD NUMBER	CARD HOLDER SIGNATURE	

PROVIDER INFORMATION

PROVIDER NAME (PLEASE PRINT)	CREDENTIAL	CLINIC NAME		
STREET ADDRESS	CITY	STATE (NY NOT ACCEPTED)	ZIP	COUNTRY
PHONE	FAX	EMAIL		

PROVIDER'S SIGNATURE: REQUIRED

A representative will contact you for payment information if not provided. Missing or incomplete information may delay test results.

SERUM PANELS:

The panels below can be ordered using a serum collection kit

FOOD SENSITIVITY PANELS	✓
96 Food Sensitivity - IgG	
184 Food Sensitivity - IgG	
204 Food Sensitivity - IgG	
Vegetarian Food Sensitivity - IgG	
Pescatarian Food Sensitivity - IgG	
96 Food Sensitivity - IgA	
184 Food Sensitivity - IgA	
Vegetarian Food Sensitivity - IgA	
Pescatarian Food Sensitivity - IgA	
Add a Wellness Plan to any Food Sensitivity Panel above	
Asian Food Sensitivity Panels	
Japanese 96 - IgG	
Chinese 96 - IgG	
Chinese 165 - IgG	

FOOD ALLERGY PANELS- IgE	✓
15 Common Foods	
25 Comprehensive Foods	
50 Expanded Foods	
Tick-bite Induced Meat Allergy	
Alpha Gal (Individual)	
10 IgE - Food Group Specific Panels	
Cereal & Grains	
Dairy & Egg	
Legume	
Fish	
Shellfish	
Spice	
Tree Nut	

FOOD SENSITIVITY / ALLERGY BUNDLES	15 IgE	25 IgE	50 IgE
96 IgG &			
184 IgG &			
204 IgG &			
Add a Wellness Plan to any Food Sensitivity Panel above			

ALLERGY PANELS	✓
Pet / Animal Allergy Assessment	
Vaccine Component	
Comprehensive Health Exposure (Allergens related to Occupations, Buildings, Hobbies, Self-Care, & Eating)	
Total IgE (only)	

REGIONAL ALLERGY PANELS	12 IgE	25 IgE
Central Plains (AR, LA, MS, OK, TX)		
Midwest (IA, IL, IN, KS, MI, MN, MO, NE, ND, OH, SD, WI, WV)		
Northeast (CT, DE, MA, MD, ME, NH, NJ, NY, PA, RI, VT)		
Northwest (ID, MT, OR, WA, WY)		
Southern (AL, DC, FL, GA, KY, NC, SC, TN, VA)		
Southwest (AZ, CA, CO, NM, NV, UT)		

UNEXPLAINED INFLAMMATION PANELS	✓
Autoimmune & Fatigue Screen (Hashimoto's, RA, & Lupus)	
Celiac Evaluation Profile*	
Gluten Related Disorders* (96 or 184 IgG Food Panel, Celiac Panel, Wheat IgE, Gluten IgE, Wellness Plan)	☐96 or ☐184

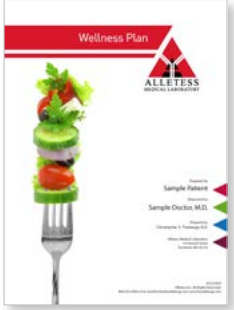
*Complimentary Gluten-Free Plan w/ positive results

GASTROINTESTINAL PANELS	✓
Gastrointestinal Portfolio (96 or 184 IgG Food Panel, Candida Profile, H. pylori, Gluten Related Disorders & Wellness Plan)	☐96 or ☐184
Gastrointestinal Panel (96 or 184 IgG Food Panel, Candida Profile, H. pylori & Wellness Plan)	☐96 or ☐184
H. pylori (IgG)	
Candida Profile (Candida albicans IgA /IgG / IgM & Immune Complex)*	
Candida albicans (IgA / IgG / IgM)	

*Complimentary Candida Elimination Plan w/ positive results

MOLD IMMUNOREACTIVITY	✓
Super Mold Immunoreactivity (15 IgE / 16 IgG / 7 IgA)*	
Mold Immunoreactivity (6 IgE / 7 IgG / 7 IgA)*	

*Complimentary Mold Elimination Plan w/ positive results



FINGER STICK PANELS:

Can be ordered using a finger stick / dried blood spot collection kit

96 Food Sensitivity - IgG	
184 Food Sensitivity - IgG	
204 Food Sensitivity - IgG	
Vegetarian Food Sensitivity - IgG	
Pescatarian Food Sensitivity - IgG	
Add a Wellness Plan to any Food Sensitivity Panel above	
Candida albicans (IgA / IgG / IgM)	
Asian Food Sensitivity Panels	
Japanese 96 - IgG	
Chinese 96 - IgG	
Chinese 165 - IgG	

WRITE IN A LA CARTE ALLERGENS &/OR ADD ON'S	✓
Use the reverse of form for additional space	

Wellness Plan

Need some guidance? Add on a Wellness Plan to help navigate your elimination diet.
This 15+ page booklet is customized for ***you*** based on ***your*** food sensitivity results. It will prove to be an excellent tool to refer to while eliminating and re-introducing positive foods. The Wellness Plan includes resources, such as, a shopping list, suggested 4-day rotation diet, FAQ's, wallet card listing positive foods, and additional food information resources. Wellness Plans can even be tailored to meet your dietary needs and can be made vegetarian, pescatarian, vegan, paleo, gluten free, casein free, kosher, or free of red meat.

FOOD SENSITIVITY PANELS

ALLETESS MEDICAL LABORATORY

96 FOOD SENSITIVITY PANEL (IgG or IgA)

Almond
Apple
Asparagus
Avocado
Banana
Barley
Basil
Beef
Black bean
Black pepper
Black tea
Blueberry
Bran
Broccoli
Cabbage
Cantaloupe
Carrot
Cashew
Cauliflower
Celery
Cheddar cheese
Chia seed
Chicken
Cinnamon
Clam
Cocoa
Coconut
Codfish
Coffee
Cola
Corn
Crab
Cucumber
Dill
Egg white
Egg yolk
Eggplant
Garlic
Ginger
Gluten
Grape
Grapefruit
Green bean
Green pea
Green pepper (bell)
Haddock
Honey
Kale
Kelp
Lamb
Lemon
Lettuce
Lima Bean
Lobster
Malt
Milk, cow's
Mozzarella cheese
Mushroom
Mustard
Oats
Olive, green
Onion
Orange
Oregano
Peach
Peanut
Pear
Pineapple
Pinto bean
Pork
Potato
Potato, sweet
Rice
Rye
Safflower
Salmon
Scallop
Sesame
Shrimp
Sole
Soybean
Spinach
Squash
Strawberry
Sunflower seed
Swordfish
Tarragon
Tomato
Tuna
Turkey
Walnut
Watermelon
Wheat
Yeast, baker's
Yeast, brewer's
Yogurt

184 FOOD SENSITIVITY PANEL (IgG or IgA)

Almond
Amaranth
Anchovy
Apple
Apricot
Arrowroot
Artichoke
Asparagus
Avocado
Banana
Barley
Basil
Bass
Beef
Beet
Black bean
Black pepper
Black tea
Blackberry
Black-eyed pea
Blue cheese
Blueberry
Bran
Brazil nut
Broccoli
Brussel sprouts
Buckwheat
Buffalo
Cabbage
Canola
Cantaloupe
Carob
Carrot
Casein
Cashew
Cauliflower
Celery
Cheddar cheese
Cherry
Chestnut
Chia seed
Chicken
Chickpea
Cilantro
Cinnamon
Clam
Clove
Cocoa
Coconut
Codfish
Coffee
Cola
Corn
Crab
Cranberry
Cucumber
Date
Dill
Duck
Egg white
Egg yolk
Eggplant
Fennel seed
Fig
Flaxseed
Flounder
Garlic
Ginger
Ginseng
Gluten
Grape
Grapefruit
Green bean
Green pea
Green pepper (bell)
Green tea
Haddock
Halibut
Hazelnut
Hemp
Herring
Honey
Honeydew
Hops
Horseradish
Kale
Kelp
Kidney bean
Kiwi
Lamb
Lemon
Lentil
Lettuce
Licorice
Lima Bean
Lime
Lobster
Macadamia nut
Mackerel
Malt
Mango
Milk, cow's
Milk, goat's
Milk, sheep's
Millet
Mozzarella cheese
Mushroom
Mussel
Mustard
Navy bean
Nutmeg
Oats
Okra
Olive, green
Onion
Orange
Oregano
Oyster
Papaya
Paprika
Parsley
Parsnip
Peach
Peanut
Pear
Pecan
Peppermint
Perch
Pine nut
Pineapple
Pinto bean
Pistachio
Plum
Poppy seed
Pork
Potato
Potato, sweet
Pumpkin
Quinoa
Radish
Raspberry
Red snapper
Rhubarb
Rice
Rosemary
Rye
Safflower
Sage
Salmon
Scallop
Sesame
Shrimp
Sole
Sorghum
Soybean
Spinach
Squash
Squid
Strawberry
Sunflower seed
Swiss cheese
Swordfish
Tangerine
Tapioca
Tarragon
Teff
Thyme
Tomato
Trout
Tuna
Turkey
Turmeric
Turnip
Vanilla bean
Venison
Walleye pike
Walnut
Watermelon
Wheat
Whey
Yeast, baker's
Yeast, brewer's
Yogurt
Zucchini

88 ADD ON FOOD SENSITIVITY PANEL (IgG or IgA - this can be added to a 96 food panel to create a 184 food panel)

Amaranth
Anchovy
Apricot
Arrowroot
Artichoke
Bass
Beet
Blackberry
Black-eyed pea
Blue cheese
Brazil nut
Brussel sprouts
Buckwheat
Buffalo
Canola
Carob
Casein
Cherry
Chestnut
Chickpea
Cilantro
Clove
Cranberry
Date
Duck
Fennel seed
Fig
Flaxseed
Flounder
Ginseng
Green tea
Halibut
Hazelnut
Hemp
Herring
Honeydew
Hops
Horseradish
Kidney bean
Kiwi
Lentil
Licorice
Lime
Macadamia nut
Mackerel
Mango
Milk, goat's
Milk, sheep's
Millet
Mussel
Navy bean
Nutmeg
Okra
Oyster
Papaya
Paprika
Parsley
Parsnip
Pecan
Peppermint
Perch
Pine nut
Pistachio
Plum
Poppy seed
Pumpkin
Quinoa
Radish
Raspberry
Red snapper
Rhubarb
Rosemary
Sage
Sorghum
Squid
Swiss cheese
Tangerine
Tapioca
Teff
Thyme
Trout
Turmeric
Turnip
Vanilla bean
Venison
Walleye pike
Whey
Zucchini

EXPANDED 204 FOOD SENSITIVITY PANEL (IgG)

Abalone
Adzuki bean
Almond
Amaranth
Anchovy
Apple
Apricot
Arrowroot
Artichoke
Asparagus
Avocado
Bamboo shoots
Banana
Barley
Basil
Bass
Bean sprouts
Beef
Beet
Bitter gourd
Black bean
Black pepper
Black tea
Blackberry
Black-eyed pea
Blue cheese
Blueberry
Bonito
Bran
Brazil nut
Broccoli
Brussel sprouts
Buckwheat
Buffalo
Cabbage
Canola
Cantaloupe
Carob
Carrot
Casein
Cashew
Cauliflower
Celery
Cheddar cheese
Cherry
Chestnut
Chia seed
Chicken
Chickpea
Chili pepper
Cinnamon
Clam
Clove
Cocoa
Coconut
Codfish
Coffee
Cola
Coriander
Corn
Crab
Cranberry
Cucumber
Cuttlefish
Daikon
Date
Dill
Dragon fruit
Duck
Duck egg
Eel
Egg white
Egg yolk
Eggplant
Fennel seed
Fig
Flaxseed
Flounder
Garlic
Ginger
Ginseng
Gluten
Goose
Grape
Grapefruit
Green bean
Green pea
Green pepper (bell)
Green tea
Guava
Haddock
Halibut
Hazelnut
Hemp
Herring
Honey
Honeydew
Hops
Horseradish
Kale
Kelp
Kidney bean
Kiwi
Lamb
Leek
Lemon
Lentil
Lettuce
Licorice
Lima Bean
Lime
Lobster
Macadamia nut
Mackerel
Malt
Mango
Milk, cow's
Milk, goat's
Milk, sheep's
Millet
Mozzarella cheese
Mung bean
Mushroom
Mussel
Mustard
Navy bean
Nutmeg
Oats
Okra
Olive, green
Onion
Oolong tea
Orange
Oregano
Oyster
Papaya
Paprika
Parsley
Parsnip
Peach
Peanut
Pear
Pecan
Peppermint
Perch
Pine nut
Pineapple
Pinto bean
Pistachio
Plum
Poppy seed
Pork
Potato
Potato, sweet
Pumpkin
Quinoa
Radish
Raspberry
Red snapper
Rhubarb
Rice
Rosemary
Rye
Safflower
Sage
Salmon
Scallop
Sesame
Shrimp
Sole
Sorghum
Soybean
Spinach
Squash
Squid
Strawberry
Sunflower seed
Swiss cheese
Swordfish
Tangerine
Tapioca
Taro
Tarragon
Teff
Thyme
Tomato
Trout
Tuna
Turkey
Turmeric
Turnip
Vanilla bean
Vegetable sponge
Venison
Walleye pike
Walnut
Watermelon
Wheat
Whey
Woo-hsiang
Yeast, baker's
Yeast, brewer's
Yogurt
Zucchini

FOOD SENSITIVITY PANELS

ALLETESS MEDICAL LABORATORY

VEGETARIAN FOOD SENSITIVITY PANEL (IgG or IgA)

Almond
Amaranth
Apple
Apricot
Arrowroot
Artichoke
Asparagus
Avocado
Banana
Barley
Basil
Beet
Black bean
Black pepper
Black tea
Blackberry
Black-eyed pea
Blue cheese
Blueberry
Bran
Brazil nut
Broccoli
Brussel sprouts
Buckwheat
Cabbage
Canola
Cantaloupe
Carob
Carrot
Casein
Cashew
Cauliflower
Celery
Cheddar cheese
Cherry
Chestnut
Chia seed
Chickpea
Cilantro
Cinnamon
Clove
Cocoa
Coconut
Coffee
Cola
Corn
Cranberry
Cucumber
Date
Dill
Egg white
Egg yolk
Eggplant
Fennel seed
Fig
Flaxseed
Garlic
Ginger
Ginseng
Gluten
Grape
Grapefruit
Green bean
Green pea
Green pepper (bell)
Green tea
Hazelnut
Hemp
Honey
Honeydew
Hops
Horseradish
Kale
Kelp
Kidney bean
Kiwi
Lemon
Lentil
Lettuce
Licorice
Lima Bean
Lime
Macadamia nut
Malt
Mango
Milk, cow's
Milk, goat's
Milk, sheep's
Millet
Mozzarella cheese
Mushroom
Mustard
Navy bean
Nutmeg
Oats
Okra
Olive, green
Onion
Orange
Oregano
Papaya
Paprika
Parsley
Parsnip
Peach
Peanut
Pear
Pecan
Peppermint
Pine nut
Pineapple
Pinto bean
Pistachio
Plum
Poppy seed
Potato
Potato, sweet
Pumpkin
Quinoa
Radish
Raspberry
Rhubarb
Rice
Rosemary
Rye
Safflower
Sage
Sesame
Sorghum
Soybean
Spinach
Squash
Strawberry
Sunflower seed
Swiss cheese
Tangerine
Tapioca
Tarragon
Teff
Thyme
Tomato
Turmeric
Turnip
Vanilla bean
Walnut
Watermelon
Wheat
Whey
Yeast, baker's
Yeast, brewer's
Yogurt
Zucchini

PESCATARIAN FOOD SENSITIVITY PANEL (IgG or IgA)

The Pescatarian panel contains all the foods listed on the Vegetarian Panel above, plus fish and shellfish listed on the left.

Anchovy
Bass
Clam
Codfish
Crab
Flounder
Haddock
Halibut
Herring
Lobster
Mackerel
Mussel
Oyster
Perch
Red snapper
Salmon
Scallop
Shrimp
Sole
Squid
Swordfish
Trout
Tuna
Walleye pike

JAPANESE 96 FOOD SENSITIVITY PANEL (IgG)

Abalone
Adzuki bean
Almond
Apple
Bamboo shoots
Banana
Bean sprouts
Beef
Black bean
Black pepper
Black tea
Bonito
Buckwheat
Burdock root
Cabbage
Cantaloupe
Carrot
Casein
Cauliflower
Celery
Cherry
Chestnut
Chicken
Cinnamon
Clam
Cocoa
Coconut
Coffee
Coriander
Corn
Crab
Cucumber
Cuttlefish
Daikon
Duck
Eel
Egg white
Egg yolk
Eggplant
Garlic
Ginger
Ginkgo biloba
Gluten
Grape
Green pea
Green pepper (bell)
Green tea
Guava
Honey
Honeydew
Kelp
Kidney bean
Kiwi
Lamb
Leek
Lemon
Lobster
Mackerel
Milk, cow's
Mushroom
Mustard
Onion
Orange
Oyster
Papaya
Peach
Peanut
Pineapple
Pork
Potato
Potato, sweet
Pumpkin
Rice
Rye
Salmon
Scallop
Sesame
Shichimi pepper
Shrimp
Soybean
Spinach
Squid
Strawberry
Swiss cheese
Taro
Tomato
Tuna
Vanilla bean
Walnut
Watermelon
Wheat
Whey
Yeast, baker's
Yeast, brewer's
Yogurt

CHINESE 96 FOOD SENSITIVITY PANEL (IgG)

Abalone
Adzuki bean
Almond
Apple
Bamboo shoots
Banana
Bean sprouts
Beef
Bitter gourd
Black pepper
Bonito
Buckwheat
Cabbage
Cantaloupe
Casein
Cauliflower
Celery
Cheddar cheese
Cherry
Chestnut
Chicken
Chili pepper
Clam
Cocoa
Coconut
Coffee
Coriander
Corn
Crab
Cucumber
Cuttlefish
Daikon
Dragon fruit
Duck
Duck egg
Eel
Egg white
Egg yolk
Eggplant
Garlic
Ginger
Gluten
Goose
Grape
Green pea
Green pepper (bell)
Green tea
Guava
Honey
Honeydew
Kelp
Kidney bean
Kiwi
Lamb
Leek
Lemon
Lobster
Mackerel
Milk, cow's
Mung bean
Mushroom
Mustard
Onion
Oolong tea
Orange
Oyster
Papaya
Peach
Peanut
Pineapple
Pork
Potato
Potato, sweet
Pumpkin
Rice
Rye
Salmon
Sesame
Shrimp
Soybean
Spinach
Squid
Strawberry
Taro
Tomato
Tuna
Vanilla bean
Vegetable sponge
Walnut
Watermelon
Wheat
Whey
Woo-hsiang
Yeast, baker's
Yeast, brewer's
Yogurt

CHINESE 165 FOOD SENSITIVITY PANEL (IgG)

Abalone
Adzuki bean
Almond
Amaranth
Anchovy
Apple
Apricot
Arrowroot
Artichoke
Bamboo shoots
Banana
Bass
Bean sprouts
Beef
Beet
Bitter gourd
Black pepper
Blackberry
Black-eyed pea
Blue cheese
Bonito
Brazil nut
Brussel sprouts
Buckwheat
Buffalo
Cabbage
Canola
Cantaloupe
Carob
Casein
Cauliflower
Celery
Cheddar cheese
Cherry
Chestnut
Chicken
Chickpea
Chili pepper
Clam
Clove
Cocoa
Coconut
Coffee
Coriander
Corn
Crab
Cranberry
Cucumber
Cuttlefish
Daikon
Date
Dragon fruit
Duck
Duck egg
Eel
Egg white
Egg yolk
Eggplant
Fennel seed
Fig
Flaxseed
Flounder
Garlic
Ginger
Ginseng
Gluten
Goose
Grape
Green pea
Green pepper (bell)
Green tea
Guava
Halibut
Hazelnut
Hemp
Herring
Honey
Honeydew
Hops
Horseradish
Kelp
Kidney bean
Kiwi
Lamb
Leek
Lemon
Lentil
Licorice
Lime
Lobster
Macadamia nut
Mackerel
Mango
Milk, cow's
Milk, goat's
Milk, sheep's
Millet
Mung bean
Mushroom
Mussel
Mustard
Navy bean
Nutmeg
Oats
Okra
Onion
Oolong tea
Orange
Oyster
Papaya
Paprika
Parsley
Peach
Peanut
Pecan
Peppermint
Perch
Pine nut
Pineapple
Pistachio
Plum
Poppy seed
Pork
Potato
Potato, sweet
Pumpkin
Quinoa
Radish
Raspberry
Red snapper
Rhubarb
Rice
Rosemary
Rye
Sage
Salmon
Sesame
Shrimp
Sorghum
Soybean
Spinach
Squid
Strawberry
Swiss cheese
Tangerine
Tapioca
Taro
Teff
Thyme
Tomato
Trout
Tuna
Turmeric
Turnip
Vanilla bean
Vegetable sponge
Venison
Walnut
Watermelon
Wheat
Whey
Woo-hsiang
Yeast, baker's
Yeast, brewer's
Yogurt
Zucchini

FOOD ALLERGY PANELS

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15 COMMON FOODS (IgE)
Almond
Apple
Beef
Cashew
Corn
Egg
Milk, cow's
Orange
Peanut
Salmon
Sesame
Shrimp
Soybean
Strawberry
Wheat

25 COMPREHENSIVE FOODS (IgE)
Almond
Apple
Banana
Beef
Blue mussel
Cashew
Celery
Chicken
Coconut
Corn
Crab
Egg, whole
Milk, cow's
Oyster
Orange
Peach
Peanut
Salmon
Sesame seed
Shrimp
Soybean
Strawberry
Tomato
Tuna
Wheat

50 EXPANDED FOODS (IgE)
Almond
Apple
Asparagus
Avocado
Barley
Banana
Beef
Bell pepper
Blue mussel
Brazil nut
Cacao
Codfish
Carrot
Cashew
Celery
Cherry
Chicken
Chickpea
Clam
Coconut
Corn
Crab
Egg
Garlic
Grapefruit
Hazelnut
Kidney bean
Lemon
Lobster
Mango
Melon
Milk, cow's
Oyster
Orange
Peach
Peanut
Pecan
Pineapple
Pistachio
Potato
Salmon
Sesame
Shrimp
Soybean
Strawberry
Sunflower seed
Tomato
Tuna
Walnut
Wheat

CEREAL & GRAIN (IgE)
Barley
Common millet
Buckwheat
Corn
Malt
Oat
Quinoa
Rice
Rye
Wheat

DAIRY & EGG (IgE)
Boiled milk
Casein
Cheese, cheddar
Cheese, mold
Egg white
Egg yolk
Milk, cow's
Milk, goat's
Sheep's milk
Whey, cow's

SHELLFISH (IgE)
Abalone
Blue mussel
Clam
Crab
Lobster
Oyster
Scallop
Shrimp
Snail
Squid

FISH (IgE)
Anchovy
Cod
Halibut
Salmon
Swordfish
Tilapia
Trout
Tuna
Whitefish
Mackerel

LEGUME (IgE)
Chick pea
Fenugreek
Green bean
Lentil
Lima bean
Pea
Peanut
Red kidney bean
Soybean
White (navy) bean

SPICE (IgE)
Basil
Black pepper
Celery
Cinnamon
Coriander
Thyme
Garlic
Mustard
Parsley

TREE NUT (IgE)
Almond
Brazil nut
Cashew nut
Coconut
Hazelnut
Macadamia nut
Pecan nut
Pine nut
Pistachio
Walnut

TICK-BITE INDUCED MEAT ALLERGY
nGal-alpha-1,3-Gal (Alpha-Gal)
Beef IgE
Pork IgE
Lamb IgE
Gelatin IgE
Total IgE

GASTROINTESTINAL PANELS

GASTROINTESTINAL PORTFOLIO
96 or 184 IgG Food Sensitivity Panel
Candida Profile
H. pylori
Gluten Related Disorders
Wellness Plan

GASTROINTESTINAL PANEL
96 or 184 IgG Food Sensitivity Panel
Candida Profile
H. pylori
Wellness Plan

CANDIDA PROFILE
Candida albicans IgA /IgG / IgM
Immune Complex

CANDIDA ALBICANS
Candida albicans IgA /IgG / IgM

H. PYLORI (IgG)

UNEXPLAINED INFLAMMATION PANELS

AUTOIMMUNE & FATIGUE SCREEN
HASHIMOTO'S: Anti-Thyroid Peroxidase (Anti-TPO) IgG, Anti-Thyroglobulin (Anti-Tg) IgG

RHEUMATOID ARTHRITIS: Anti-Cyclic citrullinated peptide (Anti-CCP) IgG, Rheumatoid factor (RF) IgM, Rheumatoid factor (RF) IgA

OTHER AUTOIMMUNE RELATED TESTS: Double stranded deoxyribonucleic acid (dsDNA) IgG, ANA = Antinuclear Antibody

CELIAC EVALUATION PROFILE
Tissue Transglutaminase (tTG) IgA
Tissue Transglutaminase (tTG) IgG
Deamidated Gliadin Peptide (DGP) IgA
Deamidated Gliadin Peptide (DGP) IgG

GLUTEN RELATED DISORDERS
96 or 184 IgG Food Panel
Celiac Panel
Wheat IgE
Gluten IgE
Wellness Plan

ALLERGY PANELS

PET / ANIMAL ALLERGY ASSESSMENT
Cat
Chicken feathers
Cow dander
Dog
Duck feathers
Ferret epithelium
Gerbil epithelium
Goat epithelium
Goose feathers
Guinea pig
Hamster
Horse dander
Mouse epithelium, serum proteins, urine
Rabbit epithelium

VACCINE COMPONENT
Casein
Cow's milk
Egg white
Egg yolk
Gelatin bovine
Latex
Ovalbumin
Ovomucoid
Saccharomyces cerevisiae (Brewer's Yeast)

COMPREHENSIVE HEALTH EXPOSURE
Diverse Allergens Related to Occupations, Buildings, Hobbies, Self-Care, & Eating

Anisakis
Carob bean
Cochineal extract (Carmine red)
Cotton
Cottonseed
Ethylene oxide
Formaldehyde
Guar gum
Gum arabic
Isocynate TDI
Ispaghula (psyllium)
Latex
Phthalic anhydride
Sunflower seed
Tragacanth gum

REGIONAL INHALANT PANELS

ALLETESS MEDICAL LABORATORY

CENTRAL PLAINS
AR, LA, MS, OK, TX

12 IgE Panel
White ash tree
Elm tree
Maple tree
Bermuda grass
Johnson grass
Kentucky blue grass
Yellow dock
Common pigweed
Giant ragweed
D. farinae
House dust
Cockroach

25 IgE Panel
White ash tree
Elm tree
Maple tree
Bermuda grass
Johnson grass
Kentucky blue grass
Yellow dock
Common pigweed
Giant ragweed
D. farinae
House dust
Cockroach
Bald cypress tree
Mountain cedar tree
Pecan/hickory Tree
Bahia grass
Cocklebur
Alternaria alternata
Aspergillus fumigatus
Cladosporium herbarum
Penicillium chrysogenum
Stemphylium herbarum
Cat dander
Dog dander
Total IgE

NORTHEAST
CT, DE, MA, MD, ME, NH, NJ, NY, PA, RI, VT

12 IgE Panel
Birch tree
Maple tree
Oak tree
Cocksfoot
Timothy grass
Kentucky blue grass
Common pigweed
Common ragweed
Sheep sorrel
D. farinae
House dust
Cockroach

25 IgE Panel
Birch tree
Maple tree
Oak tree
Cocksfoot
Timothy grass
Kentucky blue grass
Common pigweed
Common ragweed
Sheep sorrel
D. farinae
House dust
Cockroach
Elm tree
Red cedar tree
Bermuda grass
English plantain
Lamb's quarters
Alternaria alternata
Aspergillus fumigatus
Cladosporium herbarum
Penicillium chrysogenum
Stemphylium herbarum
Cat dander
Dog dander
Total IgE

NORTHWEST
ID, MT, OR, WA, WY

12 IgE Panel
Birch tree
Cottonwood tree
Maple tree
Canary grass
Kentucky blue grass
Timothy grass
English plantain
Goldenrod
False ragweed
D. farinae
House dust
Cockroach

25 IgE Panel
Birch tree
Cottonwood tree
Maple tree
Canary grass
Kentucky blue grass
Timothy grass
English plantain
Goldenrod
False ragweed
D. farinae
House dust
Cockroach
Mountain cedar tree
Mulberry tree
Brome grass
Nettle
Wormwood/sagebrush
Alternaria alternata
Aspergillus fumigatus
Cladosporium herbarum
Penicillium chrysogenum
Stemphylium herbarum
Cat dander
Dog dander
Total IgE

MIDWEST
IA, IL, IN, KS, MI, MN, MO, NE, ND, OH, SD, WI, WV

12 IgE Panel
White ash tree
Birch tree
Maple tree
Oak tree
Meadow fescue
Rye grass
Timothy grass
Common ragweed
English plantain
D. farinae
House dust
Cockroach

25 IgE Panel
White ash tree
Birch tree
Maple tree
Oak tree
Meadow fescue
Rye grass
Timothy grass
Common ragweed
English plantain
D. farinae
House dust
Cockroach
Cottonwood tree
Elm tree
Kentucky blue grass
Yellow dock
Lamb's quarters
Alternaria alternata
Aspergillus fumigatus
Cladosporium herbarum
Penicillium chrysogenum
Stemphylium herbarum
Cat dander
Dog dander
Total IgE

SOUTHERN
AL, DC, FL, GA, KY, NC, SC, TN, VA

12 IgE Panel
White ash tree
Grey alder tree
Red cedar tree
Bermuda grass
Rye grass
Johnson grass
Common ragweed
English plantain
Yellow dock
D. farinae
House dust
Cockroach

25 IgE Panel
White ash tree
Grey alder tree
Red cedar tree
Bermuda grass
Rye grass
Johnson grass
Common ragweed
English plantain
Yellow dock
D. farinae
House dust
Cockroach
American beech tree
Red mulberry tree
Kentucky blue grass
Cocklebur
Lamb's quarters
Alternaria alternata
Aspergillus fumigatus
Cladosporium herbarum
Penicillium chrysogenum
Stemphylium herbarum
Cat dander
Dog dander
Total IgE

SOUTHWEST
AZ, CA, CO, NM, NV, UT

12 IgE Panel
Grey alder tree
Mountain cedar tree
Maple tree
Meadow fescue
Kentucky blue grass
Timothy grass
Western ragweed
Yellow dock
Common pigweed
D. farinae
House dust
Cockroach

25 IgE Panel
Grey alder tree
Mountain cedar tree
Maple tree
Meadow fescue
Kentucky blue grass
Timothy grass
Western ragweed
Yellow dock
Common pigweed
D. farinae
House dust
Cockroach
Walnut tree
Bermuda grass
Redtop grass
Rye grass
Russian thistle
Alternaria alternata
Aspergillus fumigatus
Cladosporium herbarum
Penicillium chrysogenum
Stemphylium herbarum
Cat dander
Dog dander
Total IgE

MOLD IMMUNOREACTIVITY PANELS

SUPER MOLD IMMUNOREACTIVITY PANEL (15 IgE / 16 IgG / 7 IgA)

Alternaria alternata (IgE, IgG, IgA)
Aspergillus flavus (IgA)
Aspergillus fumigatus (IgE, IgG, IgA)
Aspergillus niger (IgA)
Aureobasidium pullulans (IgE, IgG)
Candida Albicans (IgE, IgG, IgA)
Chaetomium globosum (IgE, IgG)
Cladosporium herbarum (IgE, IgG, IgA)
Epicoccum purpurascens (IgE, IgG)
Fusarium proliferatum (IgE, IgG)
Mucor racemosus (IgE, IgG)
Penicillium chrysogenum (IgE, IgG, IgA)
Phoma betae (IgE, IgG)
Rhizopus nigricans (IgE, IgG)
Setomelanomma rostrata (IgE, IgG)
Stachybotrys atra (IgG)
Stemphylium herbarum (IgE, IgG)
Trichoderma viride (IgE, IgG)

MOLD IMMUNOREACTIVITY PANEL (6 IgE / 7 IgG / 7 IgA)

Alternaria alternata (IgE, IgG, IgA)
Aspergillus flavus (IgA)
Aspergillus fumigatus (IgE, IgG, IgA)
Aspergillus niger (IgA)
Candida albicans (IgA)
Cladosporium herbarum (IgE, IgG, IgA)
Fusarium proliferatum (IgE, IgG)
Mucor racemosus (IgE, IgG)
Penicillium chrysogenum (IgE, IgG, IgA)
Stachybotrys atra (IgG)

INDIVIDUAL ALLERGENS

ALLETESS MEDICAL LABORATORY

FOODS (IgE or IgG)

Abalone
Almond
Anchovy
Apple
Apricot
Asparagus
Aubergine, eggplant
Avocado
Bamboo shoot
Banana
Barley
Beef
Beetroot
Blackberry
Blue mussel
Blueberry
Brazil nut
Broccoli
Brussel sprouts
Buckwheat
Cabbage
Cacao
Carambola
Carrot
Casein
Cashew nut
Cat fish
Cauliflower
Celery
Cheese, cheddar
Cheese, mold
Cherry
Chick pea
Chicken
Chub mackerel
Clam
Coconut
Codfish
Coffee
Corn
Crab
Cranberry
Crayfish
Cucumber
Date
Egg
Egg white
Egg yolk
Fenugreek
Fig
Garlic
Gluten
Goat milk
Grape
Grapefruit
Green bean
Guava
Gulf flounder
Haddock
Hake
Halibut
Hazel nut
Herring
Hop fruit cone
Jack mackerel, Scad
Kidney bean
Kiwi
Langust spiny lobster
Lemon
Lentil
Lettuce
Lima bean
Lime
Linseed
Lobster
Lupin seed
Macadamia nut
Mackerel
Malt
Mandarin (tangerine, clementine, satsuma)
Mango
Mare's milk
Megrim
Melon
Milk, Cow's (IgE only)
Millet, Common
Millet, Foxtail
Millet, Japanese
Mushroom (champignon)
Mutton
Navy bean
Oat
Octopus
Olive black, fresh
Onion
Orange
Oyster
Pacific squid
Papaya
Passion fruit
Pea
Peach
Peanut
Pear
Pecan nut
Persimon (kaki fruit, sharon)
Pine nut, pignoles
Pineapple
Pistachio
Plaice
Plum
Pollock
Poppy seed
Pork
Potato
Pumpkin
Pumpkin seed
Quinoa
Rabbit
Rape seed
Raspberry
Red currant
Red snapper
Rice
Rye
Salmon
Sardine Pilchard
Sardine, Japanese pilchard
Scallop
Sesame seed
Sheep milk
Shrimp
Snail
Sole
Soybean
Spinach
Squid
Strawberry
Sugar-beet
Sweet chestnut
Sweet potato
Swordfish
Tea
Tilapia
Tomato
Trout
Tuna
Turkey meat
Walleye pike
Walnut
Watermelon
Wheat
Whey
Whitefish
Yeast

FOOD - HERBS AND SPICES (IgE or IgG)

Anise
Basil
Bay leaf
Black pepper
Caraway
Cardamon
Chilipepper
Cinnamon
Clove
Coriander
Curry (Santa Maria)
Dill
Fennel seed
Ginger
Green pepper (unripe seed)
Lovage
Mace
Marjoram
Mint
Mustard
Nutmeg
Oregano
Paprika, Sweet
pepper
Parsley
Saffron
Sage
Tarragon
Thyme
Vanilla

MISCELLANEOUS FOOD - ADDITIVES (IgE or IgG)

Carob
Cochineal extract (Carmine red)
Guar, guar gum
Gum arabic
Tragacanth

EPIDERMAL / ANIMAL PROTEINS (IgE)

Budgerigar droppings
Budgerigar feathers
Canary bird feathers
Cat dander
Chicken droppings
Chicken feathers
Chicken, serum
Cow dander
Dog dander
Duck feathers
Ferret epithelium
Finch feathers
Gerbil epithelium
Goat epithelium
Goose feathers
Guinea pig epithelium
Hamster epithelium
Horse dander
Horse, serum
Dust mite
(D.pteronyssinus)
Dust mite (D. farina)
House Dust (Greer Labs)
House Dust (Hollister-Stier Labs)
Mouse epithelium
Mouse epithelium, serum & urine
Mouse serum
Mouse urine
Pigeon feathers
Rabbit epithelium
Rabbit, serum
Rabbit, urine
Rat epithelium
Rat epithelium, serum & urine
Rat serum
Rat urine
Sheep epithelium
Swine epithelium
Turkey feathers

OCCUPATIONAL (IgE or IgG)

Castor bean
Cotton seed, Gossypium
Enhanced Latex
Ethylene oxide
Ficus spp.
Formaldehyde/Formalin
Isocyanate HDI
Isocyanate MDI
Isocyanate TDI
Ispaghula (psyllium)
Phthalic anhydride
Silk
Sunflower seed
Tobacco leaf

GRASSES

Bahia grass
Barley
Bermuda grass
Brome grass
Canary grass
Cocksfoot
Common reed
Cultivated oat
Cultivated rye
Cultivated wheat
False oat-grass
Johnson grass
Maize, Corn
Meadow fescue
Meadow foxtail
Meadow grass, Kentucky blue
Redtop, Bentgrass
Rye-grass
Salt grass
Sweet vernal grass
Timothy grass
Velvet grass
Wild rye grass

TREES

Acacia
American beech
Australian pine
Bald cypress
Bayberry
Box-elder
Cedar
Cedar elm
Chestnut
Common silver birch
Cottonwood
Cypress
Date
Douglas fir
Elder
Elm
Eucalyptus, Gum-tree
Grey alder
Hackberry
Hazel nut
Hornbeam
Italian/Mediterranean/Funeral cypress
Japanese cedar
Linden
Maple leaf sycamore, London plane
Melaleuca, Cajeput-tree
Mesquite
Mountain juniper
Mulberry
Oak
Olive
Pecan, Hickory
Peppertree
Pine
Privet
Queen palm
Red cedar
Red mulberry
Russian olive
Scotch broom
Spruce
Sweet gum
Virginia live oak
Walnut
White ash
White hickory (Mockernut)
White pine
Willow

WEEDS

Alfalfa
Careless weed
Cocklebur
Common pigweed
Common ragweed
Dandelion
Dog fennel
False ragweed
Firebush (kochia)
Giant ragweed
Goldenrod
Goosefoot, lamb's quarters
Lupin
Marguerite, ox-eye daisy
Mugwort
Nettle
Plantain (English), Ribwort
Rapeseed
Rough marshelder
Saltwort (prickly), Russian thistle
Scale, Lenscale
Sheep sorrel
Sunflower
Wall pellitory (judaica)
Wall pellitory (officinalis)
Western ragweed
Wormwood
Yellow dock

MOLDS (IgE or IgG)

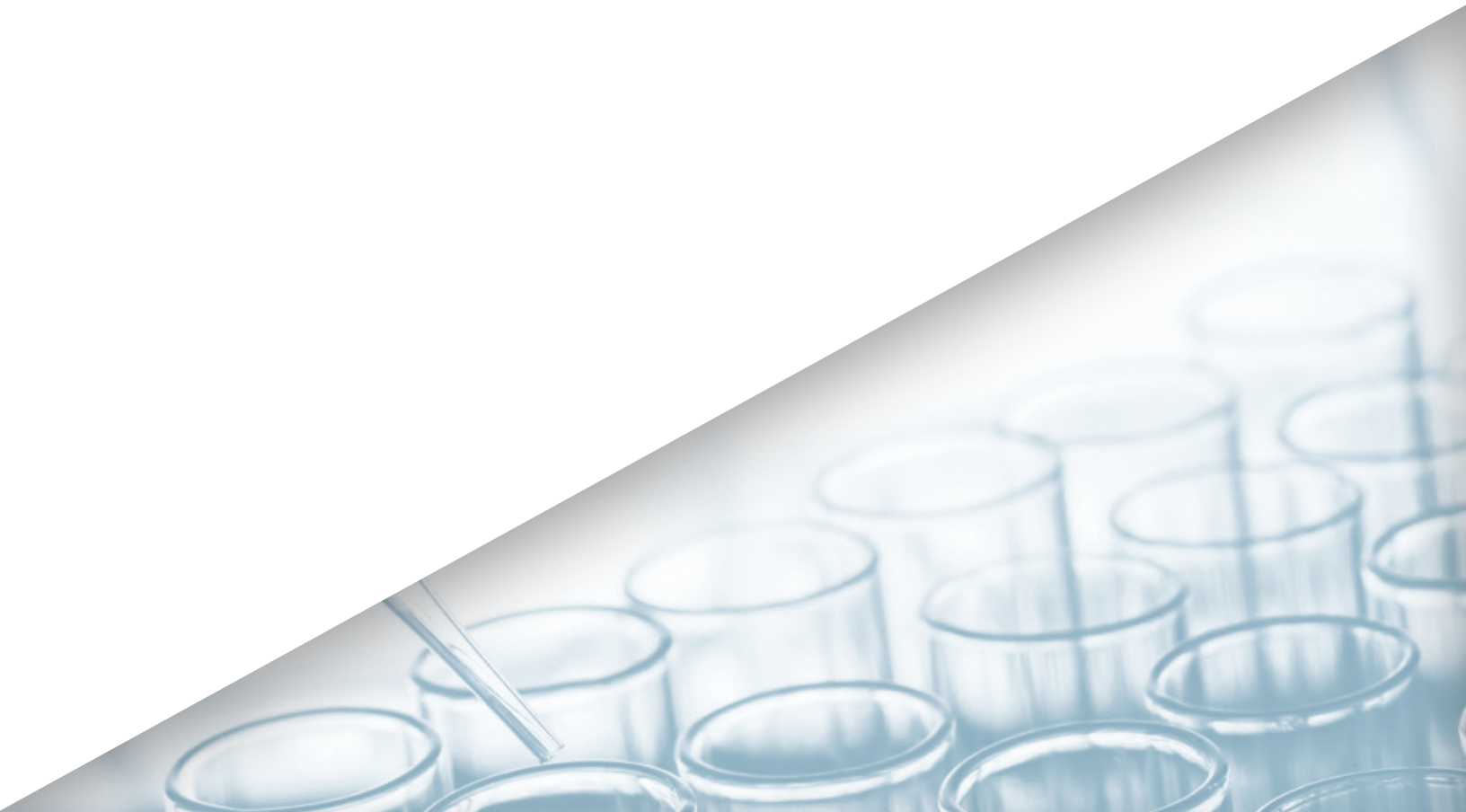
Acremonium kiliense
Alternaria alternata
Aspergillus fumigatus
Aspergillus niger
Aureobasidium pullulans
Botrytis cinerea
Candida albicans
Cladosporium herbarum
Curvularia lunata
Epicoccum purpurascens
Fusarium proliferatum
Mucor racemosus
Penicillium chrysogenum
Phoma betae
Pityrosporum orbiculare
Rhizopus nigricans
Setomelanomma rostrate
Stachybotrys atra (IgG only)
Stemphylium herbarum
Trichoderma viride
Trichophyton rubrum

INSECTS (IgE)

Berlin beetle
Blood worm
Cockroach, american
Cockroach, german
Cockroach, oriental
Fire ant
Green nimitti
Horse fly
Mosquito
Moth

VENOMS (IgE)

Bumblebee
Common wasp (Yellow jacket)
European hornet
Honey bee
Paper wasp
White-faced hornet
Yellow hornet

ALLETESS
MEDICAL LABORATORY

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